

TreesUpstate Turkey Day 8k
COVID-19 PREPAREDNESS DOCUMENT (For Athlete Distribution)

OVERVIEW: We are aware of the current Covid-19 pandemic in the state of South Carolina, and the nation, we are taking several steps at the 2021 TreesUpstate Turkey Day Run to ensure the highest level of safety for our athletes, staff and volunteers. All SCDHEC and CDC Covid-19 guidelines will be followed. While we will be implementing several steps to prepare the event for a safe experience we will also rely on the athlete to take personal responsibility for his / her safety. Maintaining social distance of at least 6 feet from fellow athletes is the number one key in preventing the spread of the virus at this event, and this information will be presented as paramount to our safety plan. If for any reason an athlete is opposed to any piece of this document and the plan it outlines, or if an athlete feels this document does not adequately quell his / her concerns over the spread of the virus, we will defer 100% of the entry into the 2022 event. While we recognize many of these steps are not ideal in a normal situation, following these steps and doing our best to eliminate the potential of spread at our events will allow us to continue to host events through this current climate. The following practices will be put into place at the 2021 TreesUpstate Turkey Day Run.

PACKET PICK UP & REGISTRATION If CDC guidelines change this fall:

1. Packet Pick-Up will take place in a location to be determined and social distancing rules will be mandatory at this location.
2. There will be NO on-site registration and no exchange of cash or debit cards.
3. Merchandise will NOT be sold at the 2021 event. There will be no vendors.
4. ALL registration will take place through an on-line portal accessed by each athlete individually via their mobile device or home computer on our race registration page (www.TurkeyDay8k.com).
5. All athletes, staff and volunteers will be required to wear masks during the packet pick up process.

PRE-RACE

1. We will begin the event in waves of no more than 300 athletes.
2. The race will start at 8am by gun time for athletes competing. No more than 300 athletes will be assigned an 8am start. Starting locations for the 8am start will be spaced 6 feet apart will be marked at the start line for each wave of athletes.
3. All waves after 8am: When an athlete arrives to the start line, they start running. There will be no mass starts of waves after the 8am gun time start for overall awards and state records. All waves after 8am start running/jogging/walking as soon as they walk up to the Start Line.
4. Spectators will be encouraged to stay at home for the 2021 event.
5. **If CDC guidelines change this fall and recommend masking:** Masks / Face coverings **MUST BE WORN** at ALL TIMES until athletes start the run. There will be NO EXCEPTIONS to this rule. If an athlete has an issue with this rule we will defer 100% of the entry fee into the 2022 event.
6. Masks are NOT required while racing.
7. **THERE WILL BE NO PRE-RACE MEETING OR START LINE CEREMONY or AWARDS CEREMONY.** We will be making announcements from the start line throughout the morning and will be calling the first wave of athletes to the start area for que at 8am.
8. More than adequate space exists at the start line area for athletes to be socially distanced at all times. Athletes will be asked to not arrive to the start line before their assigned wave start.
9. Restrooms and Port o lets will be provided for use as normal. Port o lets will be spaced apart and hand-sanitizing stations will be located outside each bank of port o lets.

RUN (ON COURSE)

1. Water stations will be self-serve. 4 tables will be spaced out and stocked with cups of water. Athletes will grab their own cup if they require water during the event.
2. Water may also be carried during the event and we will encourage runners to carry their own water.
3. **VOLUNTEERS WILL NOT BE HANDING WATER DIRECTLY.**
4. We ask that athletes NOT run in tight packs or group together during the run.

POST RACE

1. The finish line area is outdoors and large enough to host several thousand attendees at one time. With our event start and finish spanning over 3 hours this area is more than ample to allow all athletes to remain socially distanced upon crossing the finish line. The start and finish line are on S. Main Street, Greenville SC.
2. All athletes and volunteers must wear masks after the event just as before the event.
3. Hand sanitizer will be available for all at the finish line.
4. All athletes who do not live within the same household must remain socially distanced by 6 feet or more after the event.
5. Post-race beverages will be spaced out within the lengthened finish line chute. Athletes will grab single serve beverages and snacks and exit the post-race area immediately.
6. There will be socially distanced post-race awards ceremony.
7. Athletes also will be allowed to pick up their awards at a local running store or they may elect to pay a shipping fee following the event.
8. There will be no centralized results look up location.
9. All results will be posted live to the internet and athletes will be able to view these results on their personal mobile device via www.TurkeyDay8k.com